

## Vegetables and groceries

### [Marrows](#)

Email: [info@marrowsfruitandveg.co.uk](mailto:info@marrowsfruitandveg.co.uk); phone: 07748 618946

Fruit or veg box

### [Frocester Fayre Farm Shop](#)

Email: [frocesterfayre@gmail.com](mailto:frocesterfayre@gmail.com); phone: 01453 822054

Meat and dairy produce

Minimum order: £10

### [Williams delicatessen](#)

Email: [info@williamsfoodhall.co.uk](mailto:info@williamsfoodhall.co.uk); phone: 01453 832240

Wide range of fish, cheese and other groceries

Also ready meals

### [Kendrick Street Deli](#)

Email: [kendrickstreetdeli@gmail.com](mailto:kendrickstreetdeli@gmail.com); phone: 01453 790664

Fine groceries; order the day before

### [Cotswold Farm Produce](#)

Message on Facebook; text order to: 07585921541

Pies, quiche, charcuterie, cheese, bread, eggs and fudge

£1 delivery charge

### Cashes Green Shop

Phone: 07493 501841

Small supermarket with wide range of groceries and household goods

### Loose plastic free shop

Email: [julie@looseplasticfree.co.uk](mailto:julie@looseplasticfree.co.uk); Text: 07764 585748

Beans & pulses, nuts & seeds, dried fruit, coffee & teas, herbs & spices, grains & pastas

### [World Foods](#)

Email: [afatania@aol.com](mailto:afatania@aol.com); phone: 01453 764 146

Bread, Vegetables, Fruit

### [Confection Affection](#)

Order online or Phone: 01453 755 777

## Pound Farm Shop - Whaddon

<https://www.poundfarmshop.co.uk/>

Order by phone and then collect in the car park. Payment by card only

01452 596293, 07745671954, 07394924369

Mon - Sat 9am- to 12.30pm 1pm to 5.00pm

## Bakery

### [Halls Bakery](#)

Phone: 01453 833321

Wide range of baked [goods](#); deliveries Saturday only; no minimum order

### [The Bread Basket](#) (Stonehouse)

Phone: 01453 822709

Bread, milk, eggs, and a few grocery items

Small delivery charge

\*World Foods, Fat Toni's and Woodruffs are also delivering bread\*

## Beer and other drinks

Stroud Brewery

Email: [beer@stroudbrewery.co.uk](mailto:beer@stroudbrewery.co.uk); phone: 01453 887 122

Please order by Wednesday midnight for delivery on Friday

### [Stroud Wine Company](#)

Email: [cheers@stroudwine.com](mailto:cheers@stroudwine.com); phone 01453 753769

Minimum order £30

Golden Sheep Coffee

Email: [sales@goldensheepcoffee.co.uk](mailto:sales@goldensheepcoffee.co.uk); Phone: 01453 821776

## Pet supplies

### [Pet Fayre](#)

[info@petfayrestroud.com](mailto:info@petfayrestroud.com); phone: 01453

Delivery fee approx. £2

Cornhill Pets

Phone: 01453 757 322

## Ready meals delivered

### [The Long Table](#)

Email: [meals@thelongtableonline.com](mailto:meals@thelongtableonline.com); phone: 01453 367499

One portion for £5 or 7 for £25.

### [Girish & Son](#)

Email: [catering@raggedmoon.com](mailto:catering@raggedmoon.com); phone 07946 290514 (Nikhil)

Fresh or frozen vegan meals

### [Joanna Parker catering](#)

Phone: 07951 514172

Free delivery within 5 miles of Stroud; small charge for beyond. Fresh and frozen

### [Amalfi](#) (Italian restaurant)

Email: [nailsworthamalfi@yahoo.com](mailto:nailsworthamalfi@yahoo.com); phone [01453 350432](tel:01453350432)  
Full menu available. Minimum £25 order for free delivery; 25% discount if you collect

The Clothiers Arms  
Phone: 01453 763801

La Campagna (Stonehouse)  
Email: [stonehouse@la-campagna.co.uk](mailto:stonehouse@la-campagna.co.uk); Phone: 01453 821599

[Bell Inn Selsley](#)  
Email: [info@thebellinnselsley.com](mailto:info@thebellinnselsley.com); phone [01453 753801](tel:01453753801)  
Takeaway menu available for collection every day 12.00-2.30pm and 6.00-9.00pm

[The Carpenters Arms](#) (Miserden)  
Phone 01285 821283

Woodruffs Organic Café  
Lunch Packages, Veg Boxes, Store Cupboard Essentials, bread

[The Corner House](#)  
Phone: 01453 298681 / 07949669421

[Fat Toni's](#)  
Email: [stroud@fattoni.co.uk](mailto:stroud@fattoni.co.uk); Phone: 01453 762 503  
Pizza, Bread, Home-delivery dishes

## Books, Office and Party Supplies

Yellow-Lighted Bookshop (Nailsworth)  
Email: [ylnailsworth@me.com](mailto:ylnailsworth@me.com); phone 01453 832555

[James and Owen](#)  
Stationery, Printing, Printer Supplies  
Email: [sales@jamesandowen.co.uk](mailto:sales@jamesandowen.co.uk); Phone: 01453 764 026

[Party on Up](#)  
Phone: 01453 759 660  
Balloons, Partyware, Cake Candles

## Other useful resources

[Take Them A Meal](#) is a handy online spreadsheet site that helps coordinate deliveries. Could also be used as a rota to coordinate checking in on people.

If you can afford to, now would be a good time to donate to our [food bank](#)

If you spot errors or omissions please email [molly@gaianeconomics.org](mailto:molly@gaianeconomics.org)